

1 **WHAT IS CLAIMED IS:**

2 1. A runner for an extension table having two sliding leaves and the
3 runner comprising:

4 a primary transverse beam having a side;

5 a secondary transverse beam attached securely to the side of the primary
6 transverse beam and having a top; and

7 a track assembly attached to the side of the primary transverse beam and
8 having

9 a stationary track attached to the side of the primary transverse
10 beam and having a bottom abutting exactly the top of the secondary transverse
11 beam; and

12 a sliding track mounted slidably in the stationary track to
13 connect to one of the sliding leaves of the extension table.

14 2. The runner for the extension table as claimed in claim 1, wherein the
15 primary transverse beam is made of wood, the secondary transverse beam is
16 made of wood and further has multiple holes, the stationary track further has
17 multiple holes, and each of the holes of the secondary transverse beam and the
18 stationary track receives a fastener to fasten the secondary transverse beam and
19 the stationary track with the primary transverse beam.

20 3. The runner for the extension table as claimed in claim 2, wherein the
21 fasteners are tapping screws.